



# NATIONAL RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**BROCK SHANDS**

Has Established The

**WITH WRAPS TEEN 1 SOUTHEAST REGIONAL RAW WITH WRAPS RECORD  
150 KG BENCH PRESS SINGLE LIFT**

**BACKBONE CLASSIC**

**03/30/2024**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport