



# NATIONAL RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**MIKAYLA TWUM**

Has Established The

**-100 TEEN 2 MIDWEST REGIONAL RAW RECORD  
192.5 KG DEADLIFT SINGLE LIFT**

**HIGH SCHOOL NATIONALS  
03/20/2025**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport