



# DELAWARE STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**DOUGLAS MYERS**

Has Established The

**-75 MASTER 2B RAW RECORD  
112.5 KG BENCH PRESS SINGLE LIFT**

**VIRGINIA STATE CHAMPIONSHIPS  
03/23/2025**

DECEMBER 7, 1787



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport