

OHIO STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

RICH GRUNENWALD

Has Established The

-105 MASTER 1B EQUIPPED RECORD (2015-2021)
150 KG DEADLIFT SINGLE LIFT

NO FRILLS BLIZZARD BUSTER 01/30/2016



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport