



# NATIONAL RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**NGUYỄN...N MINH HOÀNG**

Has Established The

**-100 TEEN 3 VIETNAM RAW RECORD  
145 KG BENCH PRESS SINGLE LIFT**

**VIET NAM TEEN & JUNIOR CHAMPIONS OF STRENGTH  
07/27/2025**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport