



# NATIONAL RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**CHING HEI LIU**

Has Established The

**-60 TEEN 3 HONG KONG RAW RECORD  
55 KG BENCH PRESS**

**HONG KONG CHAMPIONSHIPS  
08/16/2025**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport