



# TENNESSEE STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**ELIJAH HARMON**

Has Established The

**-90 JUNIOR RAW RECORD  
177.5 KG BENCH PRESS SINGLE LIFT**

**SCRUFFY CITY SHOWDOWN  
09/07/2025**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport