



# CONNECTICUT STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**MICHAEL TIGHE**

Has Established The

**140+ TEEN 3 RAW RECORD  
150 KG BENCH PRESS SINGLE LIFT**

**NORTHEAST REGIONALS**

**09/06/2025**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport