



# OREGON STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**JOHN TWINEHAM**

Has Established The

**-82.5 MASTER 4A RAW RECORD  
102.5 KG BENCH PRESS SINGLE LIFT**

**OREGON OPEN III**

**10/18/2025**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport