



## OHIO STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**LYNNE NICHOLS**

Has Established The

**-57 MASTER 1A RAW RECORD (2015-2021)  
56.7 KG BENCH PRESS SINGLE LIFT**

**12/31/1969**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport