



WASHINGTON STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

SAMUEL SHETHAR

Has Established The

**-83 TEEN 2 RAW RECORD (2015-2021)
137.5 KG BENCH PRESS SINGLE LIFT**

**WA STATE CHAMPIONSHIPS
02/20/2016**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport