

## GEORGIA STATE RECORD CERTIFICATE

## THIS CERTIFIES THAT

## LARA STURM

Has Established The

-63 OPEN EQUIPPED RECORD (2015-2021) 182.5 KG SQUAT

2014 IPF WORLD MASTERS - PILSEN, CZECH REPUBLIC 09/24/2014



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport