



GEORGIA STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

LARA STURM

Has Established The

**-63 OPEN EQUIPPED RECORD (2015-2021)
87.5 KG BENCH PRESS SINGLE LIFT**

**GEORGIA & SOUTHERN STATES POWERLIFTING CHAMPIONSHIPS
11/09/2013**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport