



## OHIO STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**LOIS HUMMER**

Has Established The

**-72 MASTER 4A RAW RECORD (2015-2021)  
29.5 KG BENCH PRESS SINGLE LIFT**

**12/31/1969**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport