



# MASSACHUSETTS STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**JOHN INGRAM**

Has Established The

**120+ MASTER 1A MASSACHUSETTS RAW STATE RECORD (2015-2021)  
325 KG TOTAL PUSH-PULL**

**WINTER CLASSIC**

**02/27/2016**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport