



PENNSYLVANIA STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

MEGAN HOWER

Has Established The

**-84 JUNIOR RAW RECORD (2015-2021)
50 KG BENCH PRESS SINGLE LIFT**

**2016 NORTHEAST REGIONAL CHAMPIONSHIPS
02/13/2016**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport