



# NATIONAL RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**CLIFF MANIS**

Has Established The

**-110 MASTER 3A MILITARY NATIONAL CHAMPIONSHIP  
397.5 KG TOTAL**

**Â**

**01/01/2004**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport