



OHIO STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

AMANDA SHAY

Has Established The

**-57 OPEN RAW RECORD (2015-2021)
240 KG TOTAL PUSH-PULL**

**ARNOLD - NEXTLIFTER OHIO CLASSIC PUSH-PULL
03/06/2016**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport