



# MASSACHUSETTS STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**KAREN BLESSINGTON**

Has Established The

**-57 MASTER 1B RECORD  
120 KG SQUAT**

**2015 MEN'S AND WOMEN'S NATIONALS  
05/15/2015**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport