NEW MEXICO STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

BILL HELMICH

Has Established The

-105 MASTER 3A EQUIPPED RECORD (2015-2021)

145 KG BENCH PRESS SINGLE LIFT

NAPF PAN AMERICAN & SOUTH AMERICAN CHAMPIONSHIPS CLASSI

09/16/2015

USAPL

www.usapowerlifting.com

America's Choice Drug-Free Strength Sport