



# MARYLAND STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**ERIC HOLMES**

Has Established The

**-83 OPEN**

**Equipped Record (2015-2021)**

**305 KG DEADLIFT**

**Â**

**11/14/1998**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport