



## CALIFORNIA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**ANITA FLOWERS**



Has Established The

**-84 MASTER 1A RAW RECORD (2015-2021)  
235 KG TOTAL PUSH-PULL**

**2016 SPARTAN RAW CHAMPIONSHIPS  
02/28/2016**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport