



# AMERICAN RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**ASHLEY MITCHELL**

Has Established The

**-47 TEEN 3  
160 KG DEADLIFT SINGLE LIFT**

**HIGH SCHOOL NATIONALS  
04/01/2016**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport