



# FLORIDA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**JOHN LAFLAMME**

Has Established The

**-83 MASTER 1B RAW RECORD (2015-2021)  
238 KG DEADLIFT**

**ORLANDO OPEN, ORLANDO, FL  
03/20/2016**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport