

## PENNSYLVANIA STATE RECORD CERTIFICATE

## THIS CERTIFIES THAT

## **BENJAMIN ROWLES**

Has Established The

-105 TEEN 3 RAW RECORD (2015-2021) 177.5 KG BENCH PRESS SINGLE LIFT

> 2016 COLLEGIATE NATIONALS 04/14/2016



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport