



## OHIO STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**HELEN DAHER**

Has Established The

**-52 COLLEGIATE EQUIPPED RECORD (2015-2021)  
115.67 KG DEADLIFT SINGLE LIFT**

**12/31/1969**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport