



TEXAS STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

LORAIN EFRON

Has Established The

**-63 MASTER 2A RAW RECORD (2015-2021)
47.5 KG BENCH PRESS SINGLE LIFT**

**TEXAS STATE CHAMPIONSHIPS
04/09/2016**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport