



# GEORGIA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**LYDIA MELE**

Has Established The

**-72 JUNIOR EQUIPPED RECORD (2015-2021)**

**157.5 KG SQUAT**

**ALABAMA STATE CHAMPIONSHIPS**

**02/20/2016**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport