



# CALIFORNIA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**HOLLY PARNESS**



Has Established The

**-63 MASTER 1A RAW RECORD (2015-2021)  
140 KG TOTAL PUSH-PULL**

**2016 CALIFORNIA STATE CHAMPIONSHIPS  
04/16/2016**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport