

## KANSAS STATE RECORD CERTIFICATE

## THIS CERTIFIES THAT

## VIRGIL RITCHIE

Has Established The

-105 MASTER 3A RAW RECORD (2015-2021) 110 KG BENCH PRESS

KS HEAVY METAL OPEN - WICHITA, KS 06/04/2016



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport