



IOWA STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

MICHAEL HEFNER

Has Established The

**-93 MASTER 1A RAW RECORD (2015-2021)
115 KG BENCH PRESS SINGLE LIFT**

**2016 IOWA STATE OPEN
07/30/2016**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport