



## OHIO STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**PHIL TOWNSEND**

Has Established The

**-66 TEEN 3 RAW RECORD (2015-2021)  
188.2 KG DEADLIFT PUSH-PULL**

**12/31/1969**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport