



OHIO STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

SHEILA FARRANCE

Has Established The

**-57 MASTER 1A RAW RECORD (2015-2021)
147.5 KG DEADLIFT SINGLE LIFT**

**OHIO STATE CHAMPIONSHIP
07/30/2016**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport