



# MASSACHUSETTS STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**JILL ARNOW**

Has Established The

**-84 MASTER 2B RECORD  
145 KG DEADLIFT SINGLE LIFT**

**14TH ANNUAL NORTH AMERICAN CHAMPIONSHIPS  
08/15/2016**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport