



# LOUISIANA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**JOHN LUKE HEYING**

Has Established The

**-74 YOUTH 3 RAW RECORD (2015-2021)  
280 KG TOTAL**

**2016 LOUISIANA STATE CHAMPIONSHIP  
01/16/2016**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport