



# **RHODE ISLAND STATE RECORD CERTIFICATE**

**THIS CERTIFIES THAT**

**JEFF BOOK**

Has Established The

**-74 JUNIOR RAW RECORD (2015-2021)  
145 KG BENCH PRESS SINGLE LIFT**

**34TH ANNUAL NEW JERSEY STATE CHAMPIONSHIPS  
08/05/2016**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport