



AMERICAN RECORD CERTIFICATE

THIS CERTIFIES THAT

JOE MCDERMOTT

Has Established The

**-74 MASTER 4B EQUIPPED (2015-2021)
113.5 KG BENCH PRESS SINGLE LIFT**

**BENCH PRESS NATIONALS
09/10/2016**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport