



## AMERICAN RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**JANICE FRANCIS**

Has Established The  
**-84 MASTER 3A**  
**Raw (2015-2021)**  
**140 KG DEADLIFT**  
**RAW NATIONALS 2016**  
**10/13/2016**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport