

## NEW MEXICO STATE RECORD CERTIFICATE

## THIS CERTIFIES THAT

## **BILL HELMICH**

Has Established The

-105 MASTER 3B EQUIPPED RECORD (2015-2021)
220 KG DEADLIFT

IPF MASTER WORLDS (TALLINN ESTONIA) 10/03/2016



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport