



NEW MEXICO STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

BILL HELMICH

Has Established The

**-105 OPEN EQUIPPED RECORD (2015-2021)
147.5 KG BENCH PRESS**

**IPF MASTER WORLDS (TALLINN ESTONIA)
10/03/2016**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport