



ILLINOIS STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

CARSON ALLEN

Has Established The

**-74 TEEN 3 RAW RECORD (2015-2021)
142.5 KG BENCH PRESS SINGLE LIFT**

**RAW NATIONALS 2016
10/13/2016**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport