

## IOWA STATE RECORD CERTIFICATE

## THIS CERTIFIES THAT

## KRISTEN HAROLD

Has Established The

84+ TEEN 3 RAW RECORD (2015-2021) 72.5 KG BENCH PRESS SINGLE LIFT

> RAW NATIONALS 2016 10/13/2016



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport