



## NEW HAMPSHIRE STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**JIM KATHIOS**

Has Established The

**-105 MASTER 1B RAW RECORD  
160 KG BENCH PRESS SINGLE LIFT**

**NEW HAMPSHIRE STATE CHAMPIONSHIPS  
11/05/2016**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport