



## OHIO STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**ADEEL BARI**

Has Established The

**-59 TEEN 3 EQUIPPED RECORD (2015-2021)  
182.5 KG DEADLIFT PUSH-PULL**

**2016 MID-WEST & CENTRAL REGION CHAMPIONSHIPS  
11/05/2016**



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