



OHIO STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

SHEILA FARRANCE

Has Established The

**-57 MASTER 1A RAW RECORD (2015-2021)
152.5 KG DEADLIFT SINGLE LIFT**

**2016 MID-WEST & CENTRAL REGION CHAMPIONSHIPS
11/05/2016**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport