



NEW HAMPSHIRE STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

NICHOLAS PAPPAS

Has Established The

**-93 TEEN 3 RAW RECORD (2015-2021)
140 KG BENCH PRESS SINGLE LIFT**

**CONNECTICUT LAST SHOW FOR NATIONALS
09/11/2016**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport