



## NEW HAMPSHIRE STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**LIZZ SMULLEN**

Has Established The

**-57 MASTER 1A EQUIPPED RECORD (2015-2021)  
72.5 KG BENCH PRESS SINGLE LIFT**

**2016 NAPF BENCH PRESS CHAMPIONSHIPS (SAN JOSE, COSTA RICA)  
10/28/2016**



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