



LOUISIANA STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

ROLAND WHITNEY

Has Established The

**-74 OPEN EQUIPPED RECORD (2015-2021)
167.5 KG BENCH PRESS SINGLE LIFT**

**ABBEVILLE OPEN & LOUISIANA COLLEGIATE CHAMPIONSHIP
11/19/2016**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport