



IOWA STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

WAYNE HAMMES

Has Established The

120+ MASTER 1A EQUIPPED RECORD (2015-2021)

210 KG BENCH PRESS SINGLE LIFT

2016 SIOUX EMPIRE PUSH-PULL OPEN

12/10/2016



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport