



MASSACHUSETTS STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

JILL ARNOW

Has Established The

**-84 MASTER 1A MASSACHUSETTS RAW STATE RECORD (2015-2021)
85 KG BENCH PRESS SINGLE LIFT**

**2016 NAPF BENCH PRESS CHAMPIONSHIPS (SAN JOSE, COSTA RICA)
10/28/2016**



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